

September 2022

Transylvania County Schools Fresh Fruit and Vegetable Program

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

The Romans often associated different months with different gods. September is associated with Vulcan, the Roman god of fire.

5

Honeydew



6

Baby Carrots w/ Dip



7

Cantaloupe



8

9

12

Red Grapes
Pre-K Banana



13

Broccoli w/ Dip



14

Pineapple



15

16

19

Clementine



20

Cauliflower w/ Dip



21

Mango



22

23

26

Orange Wedges



27

Celery Sticks w/ Dip



28

Red/Green Apple Slices



29

30

The USDA-Fresh Fruit and Vegetable Grant Program is available to qualifying Elementary Schools in North Carolina upon application.

We are pleased to announce that for school year 2022-2023 Transylvania County Schools qualified for this wonderful program and will be able to provide a fresh fruit or vegetable snack to all elementary students on Tuesdays, Wednesdays and Thursdays each week.

This Menu is Subject to Change Due to the Availability and Pricing of Fresh Fruit and Vegetable Items.

Revised 8/8/2022

USDA is an equal opportunity provider.