

(Attachment B)

Bully Free Curriculum Resources and Materials

Curriculum and Materials for School Leaders and Teachers

The Bully Free Classroom, over 100 tips and strategies for teachers K – 8, Dr. Allan L. Beane

Steps to Implementing a Bully Free Program, (A Workbook for Planning Teams / Committees)

It is Time to be Bully Free!, an Anti-Bullying Guidebook for School Leaders, Dr. Richard A. Spurling

DARE Program, Bullying Prevention, Lessons 1 and 2

Too Good for Violence Program, Mendez Foundation

Olweus Bullying Prevention Program, provided by ARP Phoenix

Prevent Bullying at Your School! No – Bullying Program for Grades K – 8, from Hazelden, provided by ARP Phoenix

The Bully, the Bullied, and the Bystander, by Barbara Coloroso

Bullies and Victims: Helping Your Child Through the Schoolyard Battlefield, by SuEllen Fried, and Paul Fried

Bullyproof: A Teacher's Guide on Teasing and Bullying for Use with Fourth and Fifth Grade Students, by Nan Stein

Bully-Proofing Your School: A Comprehensive Approach for Elementary Schools, by Carla Garrity, Kathryn Jens, William Porter, Nancy Sager, and Cam Short-Camilli

Great Peacemakers True Stories From Around the World, by Ken Beller and Heather Chase

Childhood Bullying and Teasing, Dorothea M. Ross

The Challenge to Care in Schools, by Nel Noddings

Tackling Bullying in Your School, by Sonia Sharp and Peter K. Smith

Quit It! A Teacher's Guide on Teasing and Bullying for Use with Students in Grade K – 3, by Merle Froschl

Reducing School Violence through Conflict Resolution, by David W. Johnson and Roger T. Johnson

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Books for Children

Bailey the Big Bully, by Lizi Boyd (K – 3)

Best Enemies Again by Kathleen Leverich (2 – 5)

Bootsie Barker Bites by Barbara Bottner (PK – 3)

Bullies Are a Pain in the Brain, by Trevor Romain (3 – 8)

Bully, by Janine Amos (K – 4)

The Bully Buster Book, by John William Yee (7 – 9)

Bully on the Bus, by Carl W. Bosch (2 – 6)

Bully Trouble, by Joanna Cole (PK – 3)

Cliques, Phonies, and Other Baloney, by Trevor Romain (3 – 8)

The 18th Emergency, by Betsy Byard (4 – 7)

Fighting Invisible Tigers, by Earl Hipp (6 – 12)

Freak the Mighty, by W. Rodman Philbrick (4 – 7)

How to Handle Bullies, Teasers, and Other Meanies, by Kate Cohen-Posey (6 – 10)

The Kids's Guide to Working Out Conflicts, by Naomi Drew (5 – 10)

Make Someone Smile and 40 More Ways to Be a Peaceful Person, by July Lalli

Stick Up for Yourself! Every Kid's Guide to Person Power and Positive Self-Esteem, by Gershen Kaufman (Grades 3 – 7)

Teen Esteem, by Pat Palmer (7 – 12)

What a Wimp!, by Carol Carrick (3 – 5)

What Do You Stand For? For Teens, by Barbara A. Lewis (3 - 7)

What Do You Think? A Kid's Guide to Dealing with Daily Dilemmas, by Linda Schwartz (3 –7)

What Would You Do? A Kid's Guide to Tricky and Sticky Situations, by Linda Schwartz (3-7)

Why is Everybody Always Picking on Me: A Guide to Handling Bullies by Terrence Webster-Doyle (K – 5)

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Videos

Anger, Rage and You:

Techniques for dealing with anger before it gets out of control. (5 - 9)

(23 mins) www.nimcoinc.com

Bridging Racial Divisions:

Explores how racial division affects everyone. Triggers to violence are examined. (6 – 12)

(30 mins) www.at-risk.com

Broken Toy:

Addresses the physical and emotional harm that bullying causes. (3 – 7)

(25 mins) www.educationalmedia.com

BullySmart:

Teaches students to say no to negative peer pressure and get away from a bully without fighting.

(K – 5)

(31 mins) www.nimcoinc.com

Coping with Fighters, Bullies, and Troublemakers:

Offers special techniques for coping with disruptive classmates. Teaches students how to avoid being a victim and when to ask for help. (6 – 12)

(22 mins) www.nimcoinc.com

Disrespect, Rudeness, and Teasing:

Helps students learn what being disrespectful and rude tells us about a person, and why teasing is never a good solution. Learn how to disagree without being rude. (6 – 12)

(22 mins) www.nimcoinc.com

Don't Pick On Me!:

Examines the dynamics behind teasing and models effective responses to being harassed. (3 – 8)

(20 mins) www.nimcoinc.com

How to Cope with School Violence:

Teaches students how to cope with violent confrontations in or around school. Effective ways to avoid violence. (6 – 12)

(17 mins) www.nimcoinc.com

How to Resolve Power Struggles:

Students learn the best way to handle power struggles with siblings, parents and teachers, and how not to let bullies and troublemakers take advantage of them. (6 – 12)

(18 mins) www.nimcoinc.com

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Other Materials

Anger Management: Mad Me:

An activity book to help children learn to identify and handle feelings of anger. (K – 2)

www.nimcoinc.com

Anger Management: From Mad to Worse:

An activity book to teach students positive ways to handle anger. (3 – 4)

www.nomcoinc.com

It's Not Okay to Bully:

Video and coloring book suggests ways to prevent bullying behaviors, including knowing when to stand up for yourself and when to tell an adult. (K – 3)

www.nimcoinc.com

The Anti-Bullying Game:

This game is intended to help both victims and bullies understand what causes bullying behavior and help them learn to interact more effectively. (1 – 10)

www.taylorandfrancisgroup.com

Beyond Hate:

Two-tape set explores the origins and dimensions of hate. (6 – 12)

www.adl.org

Taking Action Against Bullying:

Book, video, and poster program, designed to teach students about the dangers of bullying. (6 – 8)

www.bullybeware.com