



Student Services Update

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December 6, 2021

School	Number of Counselors	Number of Students	Foster Care	McKinney Vento	1:1	Suicide Assessments	Group Sessions	BRH Referrals	Counselor to Student Ratio
RES, TCH, RMS	1	659	4- RES; 3- RMS; 0-TCH	1- RES; 2- RMS; 2- TCH	5	5	5	5	1-659
PFES	1	420	8	8	0	4	1	11	1-420
BHS	2	740	4	3	9	19	2	17	1-370
RHS	1	278	4	1	23	2	17	4	1-278
BES	2	543	6	5	34	4	8	13	1-271.5
BMS	2	516	3	11	10	11	8	16	1-258
DRS	1	81	0	19	14	8	3	8	1-81

BES, PFES, RES, & TCH

- Classroom guidance lessons focused on SEL skills
 - Small groups for students targeted needs
 - 1:1 counseling by school counselor with referral process in place (several sessions)
 - 1:1 Counseling with BRH for students who are referred (2 days/week)
 - SEL Screener
 - School-Wide SEL Initiatives (Unity Day, Suicide Prevention Month, Morning Meetings)
 - Coping Skills videos by community members for morning meetings; new skills each week.
 - Parent newsletter with resources
 - Weekly student support meetings with admin, SRO, social worker, counselor to discuss student concerns
 - Bully box recently added by SRO
 - SELF Program for high intensity behavioral needs
 - School social worker caseload with identified students with McKinney-Vento or DSS needs; provides for the students' basic needs through having the clothes closet available and Backpack Buddies; collaborates with other professionals to provide for the students' needs
 - Counselor meets regularly with teachers to discuss student emotional concerns
 - Counselor participates in MTSS meetings to discuss SEL and behavior concerns
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BMS & RMS

- Classroom guidance lessons
 - Bi-weekly SEL small groups for students
 - Weekly SEL Lunch groups
 - Teacher administered daily SEL check-in surveys available
 - 1:1 counseling by school counselor
 - 1:1 Counseling with BRH for students who are referred
 - SEL Screener completed by teachers
 - School-Wide SEL Initiatives
 - Say Something App
 - Tier 2 SEL/behavior meetings with individual teachers
 - Counselors attending Tier 2 grade level meetings to offer support and intervention ideas
 - Anonymous Bully Reporting Lockers
 - Guided problem-solving sessions (by referral) set up through youth coordinator at The Mediation Center
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BHS, DRS, & RHS

- 1:1 counseling by school counselor
 - 1:1 counseling with BRH for students who are referred
 - Small group counseling
 - Certified Trauma-skilled school
 - All staff are trained on restorative practices
 - Social-emotional learning (SEL) and restorative circles
 - Mountain Roots Team building once a month
 - Free Reign (equine therapy) each semester
 - Teen Council/SAVE Promise club that meets 2x/month, that focuses on preventing violence at school and within the community
 - Partner with Mediation Center to lead guided problem solving groups
 - Classroom check-Ins and discussions
 - Student advisory group- SEL
 - Say Something App
 - Posters for Suicide Prevention in the bathrooms and throughout the school with resources attached
 - Coping strategy bulletin boards
 - “Off Trust” room with established protocols to prevent suspension for non-threatening behaviors
 - Working with our student council to develop mental health flyers and promotion in the building
 - Shout out board to promote positive encouragement of staff & students
 - SEL check-in survey
 - Grade-level presentations about local resources, stress/conflict management, problem-solving, gratitude, social media, etc.
 - Updated resources on webpage
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DISTRICT

- Multi-Tiered System of Supports
 - Partnership with Blue Ridge Health
 - 2 onsite therapist
 - pending 1 additional therapist
 - Addition of 2 school counselors
 - pending 1 additional therapist
 - SEL/MH Improvement Plan
 - Say Something App
 - Employee Assistance Network
 - QPR (Question, Persuade, Refer) training for admin and student services
 - Working with NC Chapter of the American Foundation for Suicide Prevention and BRH to arrange Suicide Prevention training for staff
 - 2-day ASIST training- suicide prevention for approximately 30 people- school personnel and other community members
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Transylvania County Youth Mental Health Collaborative

Critical supports and services need to be
comprehensive and community wide

- Building a framework for community collaboration to support youth mental health
 - Formation of a broad coalition of youth, school, parents, and community leaders to provide strategic guidance of assessment, interventions and outcomes
 - Steering committee to advise support and coordinate efforts of functional workgroups
 - Efforts will be guided by principles of Collective Impact Model for Transformational Change
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